February BUZZ

Sanctuary Commitment: Emotional Intelligence

Emotional intelligence involves the ability to understand and manage emotions.



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A Timeline of Progress Questions For the Pros Where's Mr. Kenny? Rapid Fire Interview



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Are You Smarter Than a 12th Grader?

# THIS SHOULD BE US ALL THE TIME



NOT JUST FEBRUARY

**BUZZ Reporters** 

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# **A Timeline of Progress**

Great Moments In African American History

# 1776-1783 American Revolution

#### July 13 (1787)

The Northwest Ordinance bans the expansion of slavery into U.S. territories north of the Ohio River and east of the Mississippi Mr. Foster

1861-1865

American Civil War

Pennsylvania becomes the first U.S. state to abolish slavery Mr. Casazza and Mr. Colfer

#### DID YOU KNOW?

Black ingenuity helped devise creative plans to escape enslavement. In 1848, husband-and wife. William and Ellen Craft, made it to the North when she dressed as a white man and he posed as one of her slaves.

## January 1st, 1863 **January 31st, 1865**

**September 22<sup>nd</sup> (1862)** 

Lincoln announces the

Emancipation

Proclamation to go into

effect on

U.S. Congress passes the 13<sup>th</sup> Amendment to the U.S. Constitution abolishing slavery and submits it to the states for ratification

Coach Kendell

#### December 18th (1865)

13<sup>th</sup> Amendment to the U.S. Constitution prohibits slavery Mr. Slote

## 1880-1899

## Post-Reconstruction

#### July 4th (1881)

Booker T. Washington opens the Tuskegee Normal and Industrial Institute in Tuskegee, Alabama. Mr. Greg

#### (1895)

W. E. B. Du Bois is the first African-American to be awarded a Ph.D by Harvard University. Mr. Paul

#### October 3<sup>rd</sup> (1887)

The State Normal School for Colored Students, which would become Florida A&M University, is founded.

#### Mr. Rob

# Pre-Civil War

#### **January 1st (1808)**

The importation of slaves is a felony. This is the earliest day under the **United States** Constitution that a law could be made restricting slavery

#### Mr. Vito and Mr. Frank

# (1854)

In opposition to the Kansas-Nebraska Act, the Republican Party is formed with an anti-slavery platform Mr. Akk

# 1866-1879 Reconstruction

#### **April 9<sup>th</sup>(1866)**

The Civil Rights Act of 1866 is passed by Congress over Johnson's presidential veto. All people born in the U.S. are now citizens

#### Marshall

**February 3<sup>rd</sup> (1870)** The 15<sup>th</sup> Amendment of the U.S. Constitution guarantees the right of male citizens of the U.S. to vote regardless of race, color or previous condition of servitude Mr. Dixon

#### December 11th (1872)

P.B.S. Pinchback is sworn in as the first black member of the U.S. House of Representives Mr. Scap

#### DID YOU KNOW?

Ida Wells-Barnett refused to give up her railcar seat for a white man in 1884 and bit *a conductor on the hand* when he tried to force her.





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# 20<sup>th</sup> Century 1900-1920

#### February 12th (1909)

Planned first meeting of group which would become the National Association for the Advancement of Colored People (NAACP), an interracial group devoted to civil rights.

Ms. Cap

#### (1920)

Fritz Pollard and Bobby Marshall are the first two African-American players in the National Football League (NFL)

Mr. Dylan & Mr. Dates

May 17 (1954)

U.S. Supreme Court rules against the

"separate but equal" doctrine in

Brown v. Board of Education

Mr. Omar

#### 1918

Viola Pettus, an African-American nurse in Marathon, Texas, wins attention for her courageous care of victims of the Spanish Influenza, including members of the Ku Klux Klan.

Ms. Tab

# 20<sup>th</sup> Century 1925-1949

#### (1939)

The Little League is formed, becoming the nation's first non-segregated youth sport.

Mr. Julian

#### April 15th (1947)

Jackie Robinson plays his first game for the Brooklyn Dodgers, becoming the first black baseball player in professional baseball in 60 years.

Ms. Collazo

# 1945-1975

Civil Rights Movement

# 20<sup>TH</sup> Century 1950-1959

#### May 17<sup>th</sup> (1957)

The Prayer Pilgrimage for Freedom in Washington D.C. is at the time the largest nonviolent demonstration for civil rights

Mrs. Samuelson

#### DID YOU KNOW?

Being mischievous was
Thurgood Marshall's
gateway
to the law.
For punishment,
he was forced to copy
the Constitution.
It eventually piqued his
interest.

#### January 18<sup>th</sup> (1958)

Willie O'Ree breaks the color barrier in the National Hockey League Mr. Shamar

# 20<sup>th</sup> Century 1960-1969

#### November 14th (1960)

Ruby Bridges becomes the first African-American child to attend an all-white elementary school in the South following court-ordered integration in New Orleans Ms. Tammy

#### U-1969 July 2<sup>nd</sup> (1964)

Civil Rights Act of 1964 signed, banning discrimination based on "race, color, religion, sex or national origin" in employment practices and public accommodations

Dr. Dean and Ms. Kelly

#### (1976)

Black History Month is founded by Professor Carter Woodson's Association for the Study of Afro-American Life and History Ms. Josie

# 20<sup>th</sup> Century 1970-2000

#### January 20th (1986)

Martin Luther King Jr. Day is first celebrated as a national holiday

Mr. Gordon

# Little Flower

#### October 1st (1989)

Colin Powell becomes the Chairman of the Joint Chiefs of Staff
Mr. Kevin

## Reporters

Jasiah John C. Matthew R. Donald H. A.J.



# Questions For The Pros

Little Flower Therapy Team
MS.ENRICO/MS.FROST/MR.FOSTER



### Self-awareness

Awareness of the effect of your own actions, moods, and emotions of other people.

# Describe a time you had a positive impact on someone

Ms. Enrico

Ms. Frost

Mr. Foster

I used personal experiences to help another in a similar situation.

I feel blessed to say that there are too many to count, but if I chose one it would be teaching Mr. Z how to do his job better ©

I am blessed to have that opportunity every day here at Little Flower

#### Self-regulation

Ability to express your emotions appropriately.

# How do you calm yourself down when you feel anxious or upset?

Ms. Enrico

Ms. Frost

Mr. Foster

Call Friends

When the bell rings, I try and check in with myself to think about how 'm feeling

Find something else to do

#### Motivation

Having a passion to fulfill inner needs and goals and Attain things that show self-improvement, rather than mere external rewards like fame, money, recognition, and acclaim.

# Who inspires you? Why?

Ms. Enrico

Ms. Frost

Mr. Foster

Mrs. Evola because she has been through so much and continues to help everybody and anybody in need My mother b/c she is a social worker

I have always looked at my older brothers as role models

#### **Empathy**

The ability to understand how others are feeling

# What do you do when someone comes to you with a problem?

Ms. Enrico

Ms. Frost

Mr. Foster

Listen to them

Work with them on how to solve it

Support and Assist in finding a solution to solve

#### Social skills

Ability to put the understanding of your own emotions and the feelings of others to work in daily interactions and communications.

# How would some of your closest friends describe you?

Ms. Enrico

Ms. Frost

Mr. Foster

Forgetful, go getter, Kind, Loving, Thoughtful, Resilient, Forgetful, Patient; Did I forget anything?

Kind, Friendly, Considerate

REPORTERS Janatul F.

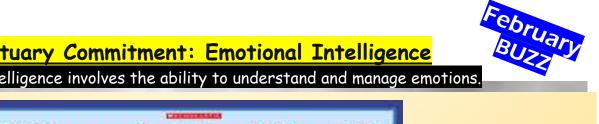
Funny, caring and a plain ol' good time

**Union Free School District** 



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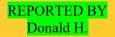




Why did you visit: The story of the luxury liner RMS Titanic and it's sinking after colliding with an iceberg is the most famous shipwreck in history. At the time it was the largest ship ever built and it carried some of the most famous and wealthiest people of the time. They planned to sail from Southampton to New York. The ship was described as unsinkable, until it sank on it's maiden voyage in the Atlantic Ocean. Belfast takes great pride in its shipbuilding history and they say, "she was fine when she left here".

When in history:

1912





1. If you started a company today, what would its top values be?

Mrs. Seiden:

Honesty and Helping People

Mrs. Casazza:

Positivity and motivation

FOLLOW UP QUESTION

What type of business would you open?

Mrs. Seiden:

Bail Bonds

Mrs. Casazza

Spin class

2. What's something you're really proud of? Why?

Mrs. Seiden:

Finishing Graduate School B/C it was A LOT of work!

Mrs. Casazza

Becoming a teacher b/c I get t make a difference in many kids lives

Tyson

Britney Spears

Lindsey Lohan

Choose one to:

Create Your Image (P.R.), Control Your Finances, Give you haircut

Mrs. Seiden:

Tyson create my image, Britney control finances, and Lindsey give me a haircut

Mrs. Casazza

Lindsey create my image, Tyson control finances, Britney give me haircut







ERNIE BANKS

## Sanctuary Commitment: Emotional Intelligence

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# **Are You Smarter Than a 12th Grader?**

Which famous athlete said "Hating people because of their color is wrong. And it doesn't matter which color does the hating. It's just plain wrong."

> Hank Aaron Bob Gibson Ernie Banks Willie Mays

"During the civil rights era,"

Banks told the AARP Bulletin in a 2011 interview, "black players encountered racial barriers, both on and off the field: teammates refusing to shake hands, fans shouting out insults, whites-only signs and many other painful struggles just to play baseball."



What was the name of Dr. Martin Luther King Jr.'s father's church? Atlanta Southern Baptist

Ebenezer Baptist

Southern Church of the People

Atlanta Tabernacle

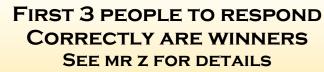
In his spare time, King rested, wrote and preached at Ebenezer Baptist, a recently restored gem at 407 Auburn Avenue in Atlanta. four African American college students staged a sit-in that helped integrate this store's lunch counter.

W.T. Grant G.C. Murphy Woolworth's S.S. Kresge

The store was in downtown Greensboro, N.C.

REPORTED BY

Jacob P



WHAT HAS FOUR LETTERS, OCCASIONALLY HAS TWELVE LETTERS. **ALWAYS HAS SIX LETTERS** BUT NEVER HAS FIVE LETTERS





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